



Olympic Summer Day Camp at Tuscany

DAILY SCHEDULE

<p>7:00-9:00am</p>	<p>Check In Early Drop Off --Group Supervision.</p>
<p>9:00-10:00am</p>	<p>Camp Day Starts Warm up, General Fitness & Games</p>
<p>10:00-10:15am</p>	<p>Nutrition and Snack</p>
<p>10:15-12:15pm</p>	<p>Skills Drills & Games</p>
<p>12:15-12:45pm</p>	<p>Sack Lunch Refreshments Provided</p>
<p>12:45-1:30pm</p>	<p>Everything Olympics! Learn about Famous Athletes, Make Crafts, View DVDs and Live Demos</p>
<p>1:30-2:15pm</p>	<p>Specialty Sport Practice</p>
<p>2:15-2:30pm</p>	<p>Nutrition and Snack</p>
<p>2:30-3:00pm</p>	<p>Swim, Gym, Jumprope, Juggling, Yoga ...</p>
<p>3:00pm Camp Ends Optional Late Pickup Until 6pm</p>	<p>CAMPER'S CHOICE Camp Staff will continue to offer a variety of popular activities in review of the day's favorites.</p>